

# CONFERENCE PROGRAMME

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## THE POWER OF SPORT TO DRIVE WORLD HEALTH

### WEDNESDAY 9 NOVEMBER 2016

- 17:00-17:05**     **INTRODUCTIONS**  
Master of Ceremonies: David Eades, Anchor and Journalist, BBC World
- 17:05-17:20**     **WELCOME**  
Thomas Bach, President, International Olympic Committee
- 17:20-17:30**     **WELCOME**  
Oscar Tosato, Member of Lausanne Town Council,  
Director of Sport and Social Cohesion
- 17:30-18:00**     **OPENING ADDRESSES**  
Francesco Ricci Bitti, President, ASOIF and SportAccord Convention  
Patrick Baumann, President, SportAccord
- 18:00-18:30**     **KEYNOTE ADDRESS**  
The WADA Code: Are we being cost efficient?  
Dr Margo Mountjoy, Chair, ASOIF Medical + Scientific Consultative Group, IOC  
Medical + Scientific Commission-Games Group FINA Bureau
- 18:30-18:35**     **WRAP-UP AND THURSDAY PRELUDE**  
David Eades, Anchor and Journalist, BBC World
- 18:35-19:15**     **COCKTAIL RECEPTION**  
Please join us for snacks, drinks and socialising

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## THURSDAY 10 NOVEMBER 2016


**09:00-09:10** **THE POWER OF SPORT TO DRIVE WORLD HEALTH**  
WELCOME AND OPENING REMARKS  
Prof. Dr Uğur Erdener, Chair of Medical & Scientific Commission, and Vice President, IOC

### SESSION ONE: SAFE SPORT

**09:10-09:30** **SETTING THE STAGE**  
Athlete Health: What are the Practices and Priorities for IFs?  
Dr Margo Mountjoy, Chair, ASOIF Medical + Scientific Consultative Group, IOC  
Medical + Scientific Commission-Games Group FINA Bureau

**09:30-10:30** **KEY ISSUES AND GROUP DISCUSSION**  
Keeping Athletes Healthy and Performing  
Moderator: David Eades, Journalist & Anchor, BBC World  
Injury surveillance in competition and training – Prof. Jiří Dvořák, Chief Medical Officer, FIFA  
Exercise interventions to prevent injuries – Dr Mario Bizzini, Research Associate, F-MARC, Schulthess Clinic Zurich  
Changing sport rules to improve safety – Prof. Lars Engebretsen, Head of Medical Sciences, IOC  
Fair Play: preventing athlete injuries – Dr René Fasel, President IIHF

**10:30-10:40** **IF FORUM PARTNER PRESENTATION**  
JLT Sport

**10:40-11:00** **COFFEE BREAK**  
Presented by 

**11:00-11:30** **PSYCHOLOGICAL HEALTH – THE MENTAL GAME**  
The Athlete Story: Stefan Groothuis, retired Dutch speed skater, Olympic gold medalist  
The Evidence: Prof. Astrid Junge, FIFA  
Q&A

**11:30-12:00** **HARASSMENT AND ABUSE IN SPORT**  
The Athlete Story: Sheldon Kennedy, NHL (video)  
Defining and Preventing: Dr Margo Mountjoy,  
IOC Consensus Statement Chairperson  
Q&A

## THURSDAY 10 NOVEMBER 2016

**12:00-12:50** **ROUND TABLE DISCUSSION**  
Medication Abuse in Elite Sport – The Epidemic!  
Moderator: David Eades, Journalist & Anchor, BBC World  
Prof. Jiří Dvořák, Chief Medical Officer, FIFA  
Dr Michel D'Hooghe, Chair FIFA Medical Committee  
Martial Saugy, PhD, Associate Professor, University of Lausanne  
Prof. Dominique Sprumont, Deputy Director, Institute of Health Law, University of Neuchâtel

**12:50-13:00** **IF FORUM PARTNER PRESENTATION**  
Dow Jones Sports Intelligence

**13:00-14:00** **LUNCH**

### SESSION TWO: SPORT FOR HEALTH

**14:00-14:30** **IS YOUR SPORT SAFE AT THE RECREATIONAL LEVEL?**  
The New Zealand Experience  
Dr Mark Fulcher, Sport & Exercise Physician, University of Auckland  
Q&A

**14:30-15:00** **THE COST OF PHYSICAL INACTIVITY**  
Sport and Global Health  
Prof. Karim Khan, MD, PhD, MBA, University of British Columbia  
Q&A

**15:00-15:30** **HOW CAN SPORT MAKE A DIFFERENCE?**  
The Scientific Approach  
Prof. Peter Krstrup, Professor of Sport and Health Sciences, University of Southern Denmark  
Q&A

**15:30-15:40** **IF FORUM PARTNER PRESENTATION**  
Nielsen Sports

**15:40-16:00** **COFFEE BREAK**  
Presented by 

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## THURSDAY 10 NOVEMBER 2016

- 16:00-16:55** **EXPERIENCE IN ACTION**  
 IF Initiatives Promoting Active Lifestyles  
 Moderator: David Eades, Anchor and Journalist, BBC World  
 Prof. Jiří Dvořák, Chief Medical Officer, FIFA  
 Sarah Lewis, Secretary General, FIS  
 John Liljelund, Secretary General, International Floorball Federation (IFF)  
 Helen Lundberg, President, Sled Dog Sport (IFSS)  
 Sam Ramsamy, Vice President, FINA
- 16:55-17:00** **WRAP UP AND FRIDAY PRELUDE**  
 David Eades, Anchor and Journalist, BBC World
- 17:00-18:00** **IF FORUM COCKTAIL**  
 Please join us for snacks, drinks and socialising

## FRIDAY 11 NOVEMBER 2016

- 09:00-09:10** **INTRODUCTION TO INTERACTIVE SESSIONS AND GROUP PROJECTS**  
 Goals and objectives of the workshops, and guidelines for a final Action Plan  
 David Eades, Anchor and Journalist, BBC World
- 09:10-09:30** **IF PROMOTION OF ATHLETE HEALTH & SAFETY**  
 Implementation of the Olympic Movement Medical Code  
 Prof. Dominique Sprumont, Deputy Director, Institute of Health Law, University of Neuchâtel
- Maximising the performance of your Sport Medicine Committee  
 Dr Richard Budgett, Medical & Scientific Director, IOC
- 09:30-10:00** **WORKSHOP 1**  
 How can IFs maximise athlete health and performance?  
 Stuart Miller, Senior Executive Director, Development & Integrity, ITF  
 Dr Richard Budgett, Medical & Scientific Director, IOC
- 10:00-10:10** **IF FORUM PARTNER PRESENTATION**  
 Tourisme Montréal

- 10:10-11:10** **WORKSHOP 2**  
 What is the role of your IF in global health promotion?  
 Dr Temo Waqanivalu, Programme Officer, Surveillance & Population-based Prevention of NCD, WHO  
 Dr Jane Moran, ISU Chair Medical Commission, IOC Medical Commission, Member Games Group
- 11:10-12:00** **WORKSHOP 3**  
 Development of options for project implementation  
 Dr Mark Fulcher, Sport & Exercise Physician, University of Auckland  
 Prof. Jiří Dvořák, Chief Medical Officer, FIFA
- 12:00-12:20** **WORKSHOP SUMMARIES AND STEPS FORWARD**  
 A compilation of ideas from the three workshops, and action plans for IFs going forward  
 Confirmation of Declaration
- 12:20-12:30** **CLOSING REMARKS**  
 Patrick Baumann, President, SportAccord
- 12:30-13:45** **LUNCH**